



**AGPN**  
**Rural Palliative Care Project Forum**

**Day 1 Summary**



# Shaping primary health care in palliative care

Vision for future



## Characteristics of program

- Ability to leverage and increase networks and linkages
- Build capacity
- Build local partnerships
- Innovation in service development



## National health care reforms

- integrating, strengthening and organising primary health care sector
- building competence and capacity
- responding to local needs




## Putting the person back at the centre

- Looking at the whole person – not the disease
- Recognising different disease trajectories
- Recognising individual patient journey's
- Recognising that quality matters
  - Measures that are meaningful for providers, patients/carers
  - Evidence, research and patient choices



## Recognising the EoL population

- Systematic bias towards cancer in specialist services
- GP's manage a significant non-cancer EoL cohort – organ failure, dementia etc.
- The more “rural/remote” you are the better chance there is that you will achieve integration

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- right person - recognising who will benefit
    - No surprise test
    - Gold standards prognostic markers
  - right time, right place, right way
    - HAVING THE RIGHT CONVERSATIONS
      - Whole of team responsibility
    - DEVELOPING THE RIGHT RELATIONSHIPS
      - Through MDT, key stakeholders/networks, clear communication channels
    - HAVING THE RIGHT (APPROPRIATE) MODELS OF CARE
      - locally grown – flexible
      - understood and agreed responsibilities
      - sustainable




## Our issues are related to the generic system redesign issues

- EoL and palliative care is the leading edge
- “knowledge” is the main issue – awareness and informed choice
  - team members and consumers
  - starting the conversations



## Moving towards sustainability

- Broad system improvement beyond the improvement that can be achieved through local projects alone.
- Need to provide a structured and supportive learning environment
  - Facilitate the incorporation of existing evidence and knowledge
  - Share knowledge of successful implementation and change management strategies
  - Evaluation and analysis of success factors for the spread of innovation

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- ☑ Supportive environment to build project capacity
  - ☑ Access to evidence based evaluation methodology
  - ☑ Exploring the factors that impacted on the adoption of improvement initiative
  - ☑ Access to subject matter experts
  - ☑ Opportunity to collaborate with other projects
  - ☑ Forming ongoing links and networks
  - ☑ Opportunities to learn and develop change management methods to improve the ability to introduce sustainable improvement